

PRIVATE FUNCTION ROOM

SPECIAL OCCASIONS, MEETINGS OR PARTIES

UNIQUE ATMOSPHERE WITH MAGNIFICENT VIEWS OF THE HARBOUR AND SALT MARSHES

01328 710650

STARTERS AND LIGHT BITES

SOUP OF THE DAY (GFP)

with granary bread
£6.00

CRISPY DUCK SALAD

with beansprouts, hoisin and sweet chilli sauce
£7.00

TEMPURA BATTERED KING PRAWNS

with dressed leaves and chilli jam dip
£7.50

BANG BANG CHICKEN

with thai noddle and roasted peanuts
£8.00

SPANISH SALAD (V) (GF)

with olive tapenade, piquillo peppers and manchego
£6.50

SEAFOOD ASSIETTE (GFP) (DFP)

with a selection of fantastic seafood, prepared by the chefs daily, see the specials boards for today's sea food.
£8.50

SIDES AND TIDBITS

DUCK FAT CHIPS £4.00

SEASONED FRIES £3.00

HUMMUS & FLATBREAD (V) £4.00

MIXED OLIVES (V) (GF) £3.00

SIDE SALAD (V) (GF) £3.00

SEASONAL VEGETABLES £3.00

DAILY SPECIALS

DON'T FORGET TO CHECK THE BOARDS/MENUS FOR TODAY'S SPECIALS



SUNDAYS THE BEST ROAST ON THE COAST

ALL OUR DISHES ARE PREPARED IN-HOUSE USING ONLY THE FINEST, FRESHEST, LOCAL INGREDIENTS

Please inform your server if you have any food allergies before ordering.

MAINS

Served all day Midday-9pm

PANANG PRAWN CURRY (GF) £14.00

with sticky coconut rice, roasted peanuts and baby coriander

PAN ROASTED TENDERLOIN PORK £17.00

with fondant potato, celeriac puree, tender stem broccoli and thyme roasted almonds (GF)

WILD MUSHROOM LINGUINI £12.00

with spinach, gorgonzola, truffle, vegetarian parmesan, toasted pine nuts and nutmeg (V)

28 DAY AGED RUMP STEAK £16.50

with duck fat chips, grilled tomato, mushroom, dressed leaves & chilli herb butter (GF)

Add peppercorn sauce £2.50 (GF)

28 DAY AGED RIBEYE STEAK £20.00

with duck fat chips, grilled tomato, mushroom, dressed leaves & chilli herb butter (GF)

Add peppercorn sauce £2.50 (GF)

STICKY BABY BACK RIBS £16.00

with red cabbage slaw, seasoned fries and homemade barbeque sauce (GF)

WHERRY BATTERED COD £12.00

with duck fat chips, tartare sauce & minted peas (DFP)

THE FLEECE CHEESEBURGER £13.50

with red cabbage slaw, seasoned fries, bacon jam & homemade burger sauce *

BUTTERMILK CHICKEN 'KATSU' BURGER £13.50

with kimchi mayo, red cabbage slaw and seasoned fries *

GRILLED HALLOUMI BURGER £11.00

with chipotle chilli jam, rocket, red cabbage slaw and seasoned fries *

SALADS

"FRARY'S" WELLS CRAB SALAD (GFP) *

with red cabbage slaw, chive potato salad, Blakeney leaf, pickled cucumber, dill mayonnaise, granary bread and butter
£15.00

BUTTERMILK CHICKEN SALAD

with guacamole, bacon, crispy onions & ranch dressing
£11.00

SEAFOOD ASSIETTE (GFP) (DFP)

with a selection of fantastic seafood, prepared by the chefs daily, see the specials boards for today's sea food.
£15.00

SUPER FOOD SALAD (V) (GFP)

with Blakeney leaf, spinach, soy beans, bulgur wheat, tenderstem broccoli, mixed seeds and toasted walnuts
£11.00

SANDWICHES

Served all day Midday-6pm

All our sandwiches and wraps are served with red cabbage slaw, mustard dressed leaves and seasoned fries*

"FRARY'S" WELLS CRAB SANDWICH (GFP) *

with crème fraiche, cream cheese & chives on multi-seed bloomer
£9.00

HOMEMADE CHUNKY FISH FINGER SANDWICHES

with tartare sauce on multi-seed bloomer
£9.00

CHIPOTLE CHICKEN MAYO WRAP (GFP) *

with gem lettuce
£9.00

MOZZARELLA AND SUN DRIED TOMATO WRAP (GFP) *

with basil, pesto and rocket
£8.00

*UPGRADE TO DUCK FAT CHIPS £1.00

(V) These dishes are suitable for vegetarians

(GF) Gluten Free (GFP) Gluten Free Possible

(DF) Dairy Free (DFP) Dairy Free Possible

i A service charge of 10% will be added to the bill for tables of 10 or more.

SEE OVER FOR PIZZA MENU



INTRODUCING OUR LUXURY BED & BREAKFAST ON THE QUAY

CHILDREN'S MENU

LOCAL HAM & FREE RANGE EGG (GF) (DFP) * £6.75

HANDMADE CHUNKY FISH FINGERS * £6.75

HANDMADE CHICKEN GOUJONS * £6.75

LOCAL PORK SAUSAGES AND GRAVY * £6.75

All above served with a choice of fries or mash, garden peas or beans or salad

TOMATO AND BASIL PASTA (V) (DFP) £6.00

DESSERTS

STRAWBERRY AND CHAMPAGNE SUNDAE £7.00

with local strawberries

LEMONCURD FROZEN PARFAIT £7.00

with raspberry compote and candied lemon peel

MAPLE AND PECAN BROWNIE £7.50

with salted caramel ice-cream, chocolate sauce and maple syrup

MANGO AND PASSION FRUIT POSSET £7.50

topped with passion fruit and shortbread

TRIO OF FINE BRITISH CHEESES £9.00

homemade chutney and biscuits

LOCAL ICE CREAM AND SORBETS £1.50/scoop

CAKES AND PASTRIES

Please ask one of our servers about our selection of delicious handmade cakes and pastries

Please see reverse for full list of hot and cold drinks, wines, spirits, beers and ales.



WINE

: WHITE :

Rometta Trebbiano, Italy

Fresh and delicate with light white fruits and summer flowers on the nose.

125ml £3.00 | 175ml £4.00 | 250ml £5.75 | Bottle £16.50

Primera Luz Sauvignon Blanc, Chile

Lime, grapefruit and passionfruit leap from the glass with a juicy finish.

125ml £3.25 | 175ml £4.75 | 250ml £6.25 | Bottle £18.00

Sartori Pinot Grigio, Italy

Appealing flavours of apple and ripe pears make this a great summertime drink.

125ml £3.50 | 175ml £5.00 | 250ml £6.50 | Bottle £19.00

De Gras Chardonnay, Chile

Subtle, floral white with a mellow taste of melon and pineapple with subtle vanilla notes, making this great with chicken and salads.

125ml £3.75 | 175ml £5.25 | 250ml £6.75 | Bottle £20.00

Picpoul de Pinet Les Prades, France

Brilliant wine for seafood dishes – fruity, floral with bags of citrus fruit.

125ml £4.00 | 175ml £5.75 | 250ml £7.50 | Bottle £22.00

Frost Pocket Sauvignon Blanc, Marlborough, New Zealand

Marlborough Sauvignon Blanc – fresh, crisp and packed full of gooseberry and tropical fruit flavours.

125ml £4.25 | 175ml £6.25 | 250ml £8.25 | Bottle £24.00

Mansion House Riesling, New Zealand

Aromatic with lively grapefruit character, hints of lime and honey and lovely minerality. Great with spicy food.

125ml £4.50 | 175ml £6.75 | 250ml £9.00 | Bottle £26.00

: ROSÉ :

Maison Saturnin Rose, France

Bursting with summer fruit aromas, hints of raspberry and some spicy blackberry.

125ml £3.25 | 175ml £4.75 | 250ml £6.25 | Bottle £18.00

Il Sospiro Pinot Grigio Blush, Italy

Salmon pink with with zingy citrus, red berry and cranberry hints – clean, crisp and refreshing.

125ml £3.50 | 175ml £5.00 | 250ml £6.50 | Bottle £19.00

West Coast Swing White Zinfandel, USA

Vibrant ripe peach, strawberry and tropical fruit flavours bring sweetness in this summer rose.

125ml £3.75 | 175ml £5.25 | 250ml £6.75 | Bottle £20.00

: RED :

Rometta Sangiovese, Italy

Blackcurrants, berry notes and spice with a velvety dry finish.

125ml £3.00 | 175ml £4.00 | 250ml £5.75 | Bottle £16.50

Merlot De Gras, Chile

Packed full of ripe plums, blackcurrants and hints of mint this has lovely length and depth.

125ml £3.25 | 175ml £4.75 | 250ml £6.25 | Bottle £18.00

Maison Saturnin Rouge, France

Big red fruit flavours and a flavourful finish – fantastic example of Grenache.

125ml £3.50 | 175ml £5.00 | 250ml £6.50 | Bottle £19.00

Cable Crossing Shiraz, Australia

Everything you need in shiraz – blackberries and bramble fruits with a delicate touch of spice.

125ml £3.75 | 175ml £5.25 | 250ml £6.75 | Bottle £20.00

Pinot Noir Les Mougeottes, France

Silky smooth with vibrant flavours of black cherries – great with duck or pasta dishes.

125ml £4.00 | 175ml £5.75 | 250ml £7.50 | Bottle £22.00



HANDMADE PIZZAS

All our pizzas are made to order from the finest local and Italian ingredients on our own handmade bases

GARLIC BREAD WITH CHEESE

rosemary, roast garlic butter, Maldon sea salt & cheese
£7.00

MARGHERITA

Tomato base, mozzarella and basil £8.00

BROOKLYN AND CHORIZO

Chorizo, pepperoni, green chilli, mushroom, tomato, mozzarella & chargrilled chicken £13.00

SPICY MEATBALL MARINARA

with pork meatballs braised in tomato & chilli sauce, smoked provolone cheese, jalapenos & parmesan £13.00

SEAFOOD MEDLEY

with hot smoked salmon, prawns, dill & parsley pesto, broccoli spears & mozzarella £14.00

FOUR CHEESE DELUXE

tomato base with mozzarella, gorgonzola, smoked provolone, Monterey Jack and red onion marmalade £12.00

NORFOLK PIG

tomato base with cider braised pulled pork shoulder, bramley apple compote & stilton £13.00

NEW YORK DELI

with peppered pastrami, dill pickles, Monterey Jack, mushrooms, red onion marmalade & American mustard £13.00

MEAT MOUNTAIN CALZONE

with chorizo, pepperoni, salami, chargrilled chicken, pulled brisket, jalepenos, mozzarella & bbq sauce, glazed with garlic butter with rocket & tomato salad £14.00

THE VEGGIE

Red onion marmalade, pesto, roasted peppers, mushroom, goats cheese & mozzarella £12.00

PLEASE CHECK THE BOARD/MENU FOR OUR PIZZA SPECIALS

EXTRA TOPPINGS £1.50 EACH Or just ask if you'd like something different!

WE STOCK A WIDE RANGE OF SPIRITS & BAR SNACKS. Please ask one of our servers for more details.

Rioja Crianza, Vina Cerrada, Spain

Lovely aged Rioja with hedgerow fruits, a touch of spice and some leathery, tobacco depth. Perfect with red meats.

125ml £4.25 | 175ml £6.25 | 250ml £8.25 | Bottle £24.00

Amaru Malbec, El Esteco, Argentina

Everyone's go-to steak wine – plums, raisins, hints of chocolate and some warmth from the oak ageing.

125ml 4.50 | 175ml £6.75 | 250ml £9.00 | Bottle £26.00

: SHERRY & DESSERT WINE :

Pedro Ximenez, Bella Luna, Spain

Intense aromas of raisins, dates and honey – this is complex with a long, candied fruit finish.

50ml £3.00 | 125ml £6.00 | Bottle £17.50 (375ml)

Amontillado, Bella Luna, Spain

Amber colour with hints of almonds and hazelnuts, with a bone-dry finish.

50ml £3.00 | 125ml £6.00 | Bottle £17.50 (375ml)

Harveys Bristol Cream, Harveys, Spain

Deep golden in colour this has roasted nuts, raisins and candied orange flavours.

50ml £3.00 | 125ml £6.00 | Bottle £35.00 (750ml)

BEERS, ALES, LAGER AND CIDER

PERONI	£4.95	CARLING	£3.90
ASPALL'S	£3.95	SAN MIGUEL	£4.60
GUINNESS	£4.65	ALL REAL ALES	£3.70
SHIPYARD IPA	£4.50		

CHAMPAGNE & SPARKLING

Terre di Sant Alberto Prosecco, Italy

Classic Prosecco with fine bubbles and fresh green pear character.

125ml £4.75 | Bottle £25.00

Rivarose Prestige Brut, France

Beautiful sparkling Provence rose – strawberries, raspberries and an elegant sparkle.

125ml £4.75 | Bottle £25.00

Brut Baron de Marck, Champagne Gobillard, France
Soft, stylish champagne with fresh flavours of apples and lemons and complex hints of baked brioche.

125ml £7.50 | Bottle £37.50

BREAKFAST MENU

Served from 8.am to 11.30am

LARGE FLEECE FULL ENGLISH.....£11.95

2 Local Cumberland sausages, 2 smoked back bacon, 2 slow roasted tomatoes, 2 thyme roasted mushrooms, 2 hash browns, beans, black pudding, toast and butter all with 2 fried eggs

FLEECE FULL ENGLISH.....£8.50

Local Cumberland sausage, smoked back bacon, slow roasted tomatoes Thyme roasted mushroom, hash brown, beans, toast and butter all with fried egg

FLEECE FARMHOUSE (V).....£7.95

Thyme roasted mushrooms, slow roast tomatoes, granary toast, 2 poached eggs, hashbrown and beans

SMASHED AVOCADO ON SOURDOUGH TOAST.....£8.95

with two poached eggs and two rashers of bacon

TOASTED ENGLISH MUFFINS

EGGS BENEDICT.....£7.95

With parma ham, 2 poached eggs, homemade Hollandaise sauce

EGGS FLORENTINE.....£7.95

With buttered spinach, 2 poached eggs, homemade Hollandaise sauce

EGGS ROYALE.....£7.95

With kiln smoked salmon, 2 poached eggs homemade Hollandaise sauce

SMASHED AVOCADO FLORENTINE.....£7.95

with buttered spinach, 2 poached eggs and hollandaise sauce

FRESH FRUIT SALAD (V).....£4.75

served with natural yoghurt and fruit coulis

DELI GRANOLA (V).....£5.50

supplied by the lovely people at Thornham Deli

rolled oats, sunflower seeds, sesame seeds, apple sauce, cinnamon, ginger, golden syrup, honey, light brown sugar, flaked almonds, salt, raisins and served with raspberry coulis and greek yoghurt

SANDWICHES

BACON SANDWICH.....£4.00

BACON AND EGG SANDWICH.....£5.00

SAUSAGE SANDWICH.....£4.50

SAUSAGE AND EGG SANDWICH.....£5.50

SAUSAGE BACON AND EGG.....£6.00

HOW WOULD YOU LIKE YOUR TOAST?

TOAST (BROWN OR WHITE).....£2.00

ADD:

BEANS (GF) (DF) (V).....£1.00

CHEESE (GF).....£2.00

SMOKED SALMON (GF).....£4.00

SCRAMBLED EGGS (GF).....£3.00

TWO POACHED EGGS (GF).....£2.00

SPINACH (GF) (V).....£2.00

AVOCADO (GF) (V) (DF).....£2.00

BACON.....£2.00

MUSHROOMS THYME ROASTED (GF) (V).....£1.50

TOMATOES SLOW ROASTED (GF) (V).....£1.50